



## OPTIMIZATION OF THE IN VITRO POTENCY ASSAY OF HUMAN GRANULOCYTE-COLONY STIMULATING FACTOR

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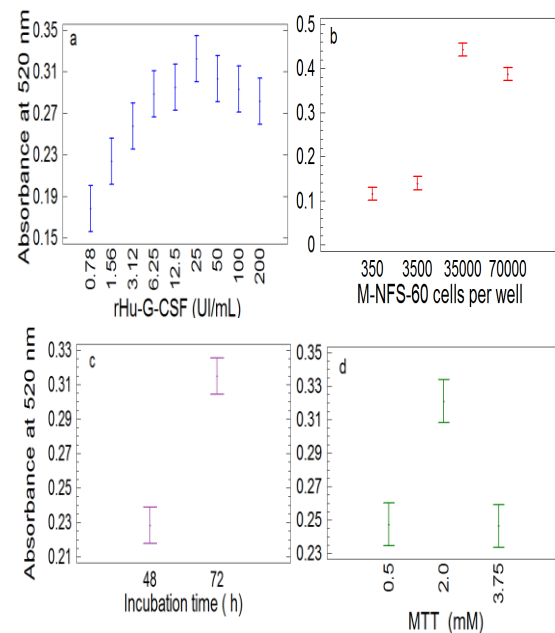
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**Introduction.** Granulocyte-colony stimulating factor (G-CSF) is a glycoprotein that plays a central role in survival, proliferation and differentiation of granulocytes; it is useful in the treatment of neutropenia in cancer patients (1). To evaluate its potency, an in vitro bioassay based on the proliferation of murine myeloma cells (M-NFS-60) is performed (2). Such proliferation is determined indirectly from the mitochondrial reduction of tetrazolium salt MTT to formazan, which is then measured in a spectrophotometer (3). The aim of this research was to study the effects of different G-CSF concentrations, different amounts of M-NFS-60 cells used per well, different incubation periods, and different MTT concentrations over the formazan production, in order to determine optimal conditions for the in vitro potency assay.

**Methods.** G-CSF was dissolved in RPMI-1640 medium at (UI/mL): 200, 100, 50, 25, 12.5, 6.2, 3.1, 1.6 and 0.78. The M-NFS-60 cell suspensions were prepared at (cells/well): 350, 3500, 35000, and 79000. MTT solutions were used at (mM): 0.5, 2.0, and 3.75. 50  $\mu$ l of each G-CSF supplemented medium were placed, in triplicate, in a microplate well, and then 50  $\mu$ l of each cell suspension were added. Two 96 well microplate were incubated at  $36^{\circ}\text{C} \pm 1^{\circ}\text{C}$  for 48 and 72 hours in a humidified incubator using  $6 \pm 1\%$   $\text{CO}_2$ . 20  $\mu$ l of each MTT solutions were added to the wells and the plates were reincubated for 4 hours. The formazan crystals were then solubilized with dimethylsulfoxide and their absorbance determined at 520 nm. Data analysis was performed on the Graphad PRISM software.

**Results.** An ANOVA determined that all four factors in the study were statistically significant ( $p$ value $<0.05$ , 95% confidence). For the G-CSF concentration, the means plot shows the typical dose-response curve for a bioassay (Fig 1a), with a linear range between 0.78 and 25 UI/mL; a decrease in the response for greater concentration values indicates a probable G-CSF receptor saturation in the cells. There was a greater response with 35000 cells per well as observed in Fig. 1b. Incubation for 72 hours produced a greater

response since the cell cultures reached a maximum cell proliferation (Fig.1c). Furthermore, MTT at 2.0 mM concentration provided better absorbance readings (Fig.1d) since it probably avoided the mitochondrial enzyme inhibition.



**Fig.1** Means plot of biological response to different (a): G-CSF concentrations, (b) amount of cells per well, (c): incubation periods, and (d) MTT concentrations.

**Conclusions.** The conditions that optimize the potency in vitro assay for G-CSF due to the increase of formazan production are: 0.78-25 UI/mL G-CSF, 35000 cells per well, 72 h incubation period, and 2.0 mM MTT solution.

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